

## Swannington C of E PSCHE Overview

Year A	Autumn Term		Spring Term		Summer Term	
<b>EYFS</b>	<b>Me and my relationships</b> <ul style="list-style-type: none"> <li>- All about me</li> <li>- What makes me special</li> <li>- Me and my special people</li> <li>- Who can help me?</li> <li>- My feelings 1</li> <li>- My feelings 2</li> </ul>	<b>Keeping Safe</b> <ul style="list-style-type: none"> <li>- What is safe to go onto my body?</li> <li>- Keeping myself safe (medicines)</li> <li>- Safe indoors and outdoors</li> <li>- Listening to my feelings</li> <li>- Keeping safe online</li> <li>- People who help me keep safe</li> </ul>	<b>Rights and Respect</b> <ul style="list-style-type: none"> <li>- Looking after my special people</li> <li>- Looking after my friends</li> <li>- Being helpful at home and caring for our classroom</li> <li>- Caring for our world</li> <li>- Looking after money (1): recognising, spending, using</li> <li>- Looking after money (2): saving money and keeping it safe</li> </ul>	<b>Being my Best</b> <ul style="list-style-type: none"> <li>- Bouncing back when things go wrong</li> <li>- Yes, I can!</li> <li>- Healthy Eating</li> <li>- My healthy mind</li> <li>- Move your body</li> <li>- A good night's sleep</li> </ul>	<b>Valuing difference</b> <ul style="list-style-type: none"> <li>- I'm special, you're special</li> <li>- Same and different</li> <li>- Same and different families</li> <li>- Same and different homes</li> <li>- Kind and caring 1</li> <li>- Kind and caring 2</li> </ul>	<b>Growing and Changing</b> <ul style="list-style-type: none"> <li>- Seasons</li> <li>- Life stages-plants, animals and humans</li> <li>- Life stages: Human life stage – who will I be?</li> <li>- Where do babies come from?</li> <li>- Getting bigger</li> <li>- Me and my body – girls and boys</li> </ul>
<b>Year 1/2</b>	<b>Me and my Relationships (Y2)</b> <ul style="list-style-type: none"> <li>-Our ideal classroom (1)</li> <li>- Our ideal classroom (2)</li> <li>- How are you feeling today?</li> <li>- Let's all be happy</li> <li>- Being a good friend</li> <li>-Types of bullying</li> <li>- Don't do that</li> <li>- Bullying or teasing?</li> </ul>	<b>Keeping safe (Y1)</b> <ul style="list-style-type: none"> <li>- Super sleep</li> <li>- Who can help? (1)</li> <li>- Good or bad touches (PANTS NSPCC lessons)</li> <li>- Sharing pictures</li> <li>- What could Harold do?</li> <li>- Harold loses Geoffrey</li> </ul>	<b>Rights and Respect (Y2)</b> <ul style="list-style-type: none"> <li>- Getting on with others</li> <li>-When I feel like erupting</li> <li>- Feeling safe</li> <li>- Playing Games</li> <li>- Harold saves for something special</li> <li>- Harold goes camping</li> <li>- How can we look after our environment?</li> </ul>	<b>Being my best (Y1)</b> <ul style="list-style-type: none"> <li>- I can eat a rainbow</li> <li>- Eat well</li> <li>- Harold's wash and brush up</li> <li>- Catch it! Bin it! Kill it!</li> <li>- Basic first aid (Y2- <i>Being my best</i>)</li> <li>- Harold learns to ride his bike</li> <li>- Pass on the praise! - Inside my wonderful body (optional)</li> </ul>	<b>Valuing difference (Y2)</b> <ul style="list-style-type: none"> <li>- What makes us who we are?</li> <li>- My special people</li> <li>- How do we make others feel?</li> <li>- When someone is feeling left out</li> <li>- An act of kindness</li> <li>- Solve the problem</li> </ul>	<b>Growing and changing (Y2)</b> <ul style="list-style-type: none"> <li>- A helping hand</li> <li>- Sam moves away</li> <li>- Haven't you grown</li> <li>- My body, your body</li> <li>- Respecting privacy</li> <li>- Some secrets should never be kept</li> </ul>

<b>Year 3/4</b>	<b>Me and my Relationships (Y3)</b> <ul style="list-style-type: none"> <li>- As a rule</li> <li>- Looking after our special people</li> <li>- How can we solve this problem</li> <li>- Tangram team challenge</li> <li>- Friends are special</li> <li>- Thunks</li> <li>- Dan's dare</li> <li>- My special pet</li> </ul>	<b>Keeping safe (Y4)</b> <ul style="list-style-type: none"> <li>- Danger, risk or hazard?</li> <li>- How dare you</li> <li>- Keeping ourselves safe</li> <li>- Raisin challenge (2)</li> <li>- Picture wise</li> <li>- Medicines: check the label</li> <li>- Know the norms</li> <li>- Traffic lights (optional)</li> </ul>	<b>Rights and respect (Y3)</b> <ul style="list-style-type: none"> <li>- Helping each other stay safe</li> <li>- Recount task</li> <li>- Our helpful volunteers</li> <li>- Can Harold afford it?</li> <li>- Earning money</li> <li>- Harold's enrichment project</li> </ul>	<b>Being my best (Y4)</b> <ul style="list-style-type: none"> <li>- What makes me ME!</li> <li>- Making choices</li> <li>- SCARF hotel</li> <li>- Harold's seven R's</li> <li>- My school community (1)</li> <li>- Basic First aid</li> </ul>	<b>Valuing difference (Y3)</b> <ul style="list-style-type: none"> <li>- Respect and challenges</li> <li>- Family and friends</li> <li>- My community</li> <li>- Our friends and neighbours</li> <li>- Let's celebrate our differences</li> <li>- Zeb</li> </ul>	<b>Growing and changing (Y4)</b> <ul style="list-style-type: none"> <li>- Moving house</li> <li>- My feelings are all over the place!</li> <li>- All change!</li> <li>- Preparing for changes at puberty</li> <li>- Secret or surprise?</li> <li>- Together</li> </ul>
<b>Year 5/6</b>	<b>Me and my relationships (Y5)</b> <ul style="list-style-type: none"> <li>- Collaboration Challenge!</li> <li>- Give and take</li> <li>- How good a friend are you?</li> <li>- Relationship cake recipe</li> <li>- Our emotional needs</li> <li>- Being assertive</li> <li>- Communication</li> </ul>	<b>Keeping safe (Y6)</b> <ul style="list-style-type: none"> <li>- Think before you click!</li> <li>- To share or not to share?</li> <li>- Rat Park</li> <li>- What sort of drug is ...?</li> <li>- Drugs: It's the law!</li> <li>- Alcohol: what is normal?</li> <li>- It's a puzzle</li> <li>- Joe's story (part 1)</li> <li>- Joe's story (part 2)</li> </ul>	<b>Rights and Respect (Y5)</b> <ul style="list-style-type: none"> <li>- What's the story?</li> <li>- Fact or opinion?</li> <li>- Mo makes a difference</li> <li>- Rights, respect and duties</li> <li>- Spending wisely</li> <li>- Lend us a fiver!</li> <li>- Local councils</li> </ul>	<b>Being my best (Y6)</b> <ul style="list-style-type: none"> <li>- This will be your life!</li> <li>- Our recommendations</li> <li>- What's the risk (1)</li> <li>- What's the risk (2)</li> <li>- Basic First Aid, including Sepsis Awareness</li> <li>- Five Ways to Wellbeing project</li> </ul>	<b>Valuing difference (Y5)</b> <ul style="list-style-type: none"> <li>- Qualities of friendship</li> <li>- Kind conversations</li> <li>- Happy being me</li> <li>- The land of the Red People</li> <li>- Is it true?</li> <li>- Stop, start, stereotypes</li> <li>- It could happen to anyone</li> </ul>	<b>Growing and changing (Y6)</b> <ul style="list-style-type: none"> <li>- I look great!</li> <li>- Media manipulation</li> <li>- Pressure online</li> <li>- Helpful or unhelpful?</li> <li>- Managing change</li> <li>- Is this normal?</li> <li>- Making babies</li> <li>- What is HIV?</li> </ul>

Year B	Autumn Term		Spring Term		Summer Term	
<b>EYFS</b>	<b>Me and my relationships</b> <ul style="list-style-type: none"> <li>- All about me</li> <li>- What makes me special</li> <li>- Me and my special people</li> <li>- Who can help me?</li> <li>- My feelings 1</li> <li>- My feelings 2</li> </ul>	<b>Keeping Safe</b> <ul style="list-style-type: none"> <li>- What is safe to go onto my body?</li> <li>- Keeping myself safe (medicines)</li> <li>- Safe indoors and outdoors</li> <li>- Listening to my feelings</li> <li>- Keeping safe online</li> <li>- People who help me keep safe</li> </ul>	<b>Rights and Respect</b> <ul style="list-style-type: none"> <li>- Looking after my special people</li> <li>- Looking after my friends</li> <li>- Being helpful at home and caring for our classroom</li> <li>- Caring for our world</li> <li>- Looking after money (1): recognising, spending, using</li> <li>- Looking after money (2): saving money and keeping it safe</li> </ul>	<b>Being my Best</b> <ul style="list-style-type: none"> <li>- Bouncing back when things go wrong</li> <li>- Yes, I can!</li> <li>- Healthy Eating</li> <li>- My healthy mind</li> <li>- Move your body</li> <li>- A good night's sleep</li> </ul>	<b>Valuing difference</b> <ul style="list-style-type: none"> <li>- I'm special, you're special</li> <li>- Same and different</li> <li>- Same and different families</li> <li>- Same and different homes</li> <li>- Kind and caring 1</li> <li>- Kind and caring 2</li> </ul>	<b>Growing and Changing</b> <ul style="list-style-type: none"> <li>- Seasons</li> <li>- Life stages-plants, animals and humans</li> <li>- Life stages: Human life stage – who will I be?</li> <li>- Where do babies come from?</li> <li>- Getting bigger</li> <li>- Me and my body – girls and boys</li> </ul>
<b>Year 1/2</b>	<b>Me and my Relationships (Y1)</b> <ul style="list-style-type: none"> <li>- Why we have class rules</li> <li>- How are you listening?</li> <li>- Thinking about feelings</li> <li>- Our feelings</li> <li>- Feelings and bodies</li> <li>- Good friends</li> </ul>	<b>Keeping safe (Y2)</b> <ul style="list-style-type: none"> <li>- Harold's picnic</li> <li>- How safe would you feel?</li> <li>- What should Harold say?</li> <li>- I don't like that!</li> <li>- Fun or not?</li> <li>- Should I tell?</li> </ul>	<b>Rights and respect (Y1)</b> <ul style="list-style-type: none"> <li>- Harold has a bad day</li> <li>- Around and about the school</li> <li>- Taking care of something</li> <li>- Harold's money</li> <li>- How should we look after our money?</li> <li>- Basic first aid</li> </ul>	<b>Being my best (Y2)</b> <ul style="list-style-type: none"> <li>- You can do it!</li> <li>- My day</li> <li>- Harold's postcard helping us to keep clean and healthy</li> <li>- Harold's bathroom</li> <li>- What does my body do?</li> <li>- My body needs... (OPTIONAL)</li> </ul>	<b>Valuing difference (Y1)</b> <ul style="list-style-type: none"> <li>- Same or different?</li> <li>- Unkind, tease or bully?</li> <li>- Harold's school rules</li> <li>- It's not fair!</li> <li>- Who are our special people?</li> <li>- Our special people balloons</li> </ul>	<b>Growing and Changing (Y1)</b> <ul style="list-style-type: none"> <li>- Healthy me</li> <li>- Then and now</li> <li>- Taking care of a baby</li> <li>- Who can help? (2)</li> <li>- Surprises and secrets</li> <li>- Keeping privates private</li> </ul>

<b>Year 3/4</b>	<b>Me and my relationships (Y4)</b> <ul style="list-style-type: none"> <li>- Human machines</li> <li>- Ok or not ok? (1)</li> <li>- Ok or not ok? (2)</li> <li>- An email from Harold</li> <li>- Different feelings</li> <li>- Under pressure</li> <li>- When feelings change</li> </ul>	<b>Keeping safe (Y3)</b> <ul style="list-style-type: none"> <li>- Safe or unsafe?</li> <li>- Danger or risk?</li> <li>- The risk robot</li> <li>- Super searcher</li> <li>- Help or harm?</li> <li>- Alcohol and cigarettes; the facts</li> <li>- Raisin Challenge (1)</li> </ul>	<b>Rights and Respect (Y4)</b> <ul style="list-style-type: none"> <li>- Who helps us stay healthy and safe?</li> <li>- It's your right</li> <li>- How do we make a difference?</li> <li>- In the news!</li> <li>- Safety in numbers</li> <li>- Harold's expenses</li> <li>- Why pay taxes?</li> <li>- Logo quiz</li> </ul>	<b>Being my best (Y3)</b> <ul style="list-style-type: none"> <li>- Derek cooks dinner! (healthy eating)</li> <li>- Poorly Harold</li> <li>- Body team work</li> <li>- For or against?</li> <li>- I am fantastic!</li> <li>- Top talents</li> <li>- Getting on with your nerves!</li> </ul>	<b>Valuing difference (Y4)</b> <ul style="list-style-type: none"> <li>- Can you sort it?</li> <li>- What would I do?</li> <li>- The people we share our world with</li> <li>- That is such a stereotype!</li> <li>- Friends or acquaintance?</li> <li>- Islands</li> </ul>	<b>Growing and changing (Y3)</b> <ul style="list-style-type: none"> <li>- Relationship tree</li> <li>- Body space</li> <li>- None of your business!</li> <li>- Secret or surprise?</li> <li>- My changing body</li> <li>- Basic first aid</li> </ul>
<b>Year 5/6</b>	<b>Me and my relationships (Y6)</b> <ul style="list-style-type: none"> <li>- Working together</li> <li>- Let's negotiate</li> <li>- Solve the friendship problem</li> <li>- Dan's Day</li> <li>- Behave yourself</li> <li>- Assertiveness skills</li> <li>- Don't force me</li> <li>- Acting appropriately</li> </ul>	<b>Keeping safe (Y5)</b> <ul style="list-style-type: none"> <li>- Spot bullying</li> <li>- Play, like, share</li> <li>- Decision dilemma</li> <li>- Ella's diary dilemma</li> <li>- Vaping: healthy or unhealthy?</li> <li>- Would you risk it?- 'Thinking' about habits</li> <li>- Drugs; true or false?</li> <li>- Smoking: what is normal?</li> </ul>	<b>Rights and Respect (Y6)</b> <ul style="list-style-type: none"> <li>- Two sides to every story</li> <li>- Fakebook friends</li> <li>- What's it worth?</li> <li>- Jobs and taxes</li> <li>- Happy Shoppers – caring for the environment</li> <li>- Action stations!</li> <li>- Project Pitch (part 1 and 2)</li> <li>- Democracy in Britain 1 – Elections</li> <li>- Democracy in Britain 2 – How (most) laws are made</li> </ul>	<b>Being my best (Y5)</b> <ul style="list-style-type: none"> <li>- It all adds up!</li> <li>- Different skills</li> <li>- My school community (2)</li> <li>- Independence and responsibility</li> <li>- Star qualities?</li> <li>- Basic First Aid, including Sepsis Awareness</li> </ul>	<b>Valuing difference (Y6)</b> <ul style="list-style-type: none"> <li>- Okay to be different</li> <li>- We have more in common than not</li> <li>- Respecting difference</li> <li>- Tolerance and respect for others</li> <li>- Advertising friendships</li> <li>- Boys will be boys? – challenging gender stereotypes</li> </ul>	<b>Growing and changing (Y5)</b> <ul style="list-style-type: none"> <li>- How are they feeling?</li> <li>- Taking notice of our feelings</li> <li>- Dear Ash</li> <li>- Growing up and changing bodies</li> <li>- Changing bodies and feelings</li> <li>- Help! I'm a teenager - get me out of here!</li> <li>- Dear Hetty (optional)</li> </ul>